

Dr. Erik Skovenborg is a Danish specialist in Family Medicine who has developed a deep interest in the health implications of drinking and health culminating in him becoming a member of the Social, Scientific and Medical Council of AIM – Alcohol in Moderation – from 1992 and a founder member of SMAB – the Scandinavian Medical Alcohol Board – in 1994.

Publication of scientific papers on wine and health in *Circulation* (2001) and *British Medical Journal* (2006) and *Drugs and Alcohol Today* (2020). Chairman of the international "Health & Alcohol Symposium" in Copenhagen 1996. Member of the organizing committee of the international "Women and Alcohol Symposium" in Stockholm 1998 and the international symposium "Alcohol in moderation - Health and Culture in the next millennium" in Oslo 2000. Member of the Board of Directors of ERAB – The European Foundation for Alcohol Research – from 2004. Member of ISFAR – the International Scientific Forum on Alcohol Research – from 2010.

For many years Erik Skovenborg has lectured extensively on alcohol and health to medical professionals and the general public and been writing wine & health columns in the Danish *Vinbladet*, the Norwegian *Vinforum*, the Chinese *Wine Press* and the English *World of Fine Wine*. A weekly column with wine reviews for the Danish newspaper *Søndagsavisen* 2005-2018.

His published work includes *In Vino Sanitas*, 1990; *Lead in Wine throughout the Ages*, 1994; *Wine and health - Myths and Facts*, 2000; *Women and wine – from useful facts to healthy enjoyment*, 2014; *Til øllet – a book on beer and health*, 2016; and *A toast to old age – a happy life as senior with beer and wine*, 2017.